

Butcher Block Care

OIL FINISH

Note: These instructions are only for wood products that have already been sealed with a natural oil finish, or are currently unfinished and have yet to be sealed. You may choose to use mineral oil, beeswax conditioner, pure linseed oil, or even pure coconut oil. Never use vegetable oil as this will rot within the pores of the wood.

Is an oil finish the right option for you?

Yes, if you are looking for...

- A butcher block surface that you can treat as a prep area, chopping directly on the wood
- A way to seal your butcher block while maintaining its natural look and feel
- A natural and food safe option

Maybe not, if you...

- Are mostly interested in the appearance of wood rather than having a multi-function chopping board
- Do not want to have to regularly oil the butcher block
- Are concerned about voiding the one year warranty, since the extent to which the product is cared for impacts its durability

Application, cleaning, and maintenance

Butcher blocks with a mineral oil finish must be hydrated on a regular basis to prevent cracking and warping. Here's how:

1. Cleanse the block with a lint free cloth, warm water, and a small amount of gentle dish soap. To get rid of stubborn stains and discolouration, pour coarse salt and lemon on your butcher block, cut a lemon in half and rub it into the salt to make a paste. The paste will absorb stains, flavours and odors. For tougher stains/scratches, sand down the area with a fine grit sandpaper (150-220 grit). Now you can re-oil the block.
2. Pour a generous amount of oil directly on the block, or into a clean and dry cloth.
3. Using a cloth, spread the product until it covers the surface and sides of the block evenly.
4. Once the oil is absorbed, you know it's ready for the next use!
5. Repeat this process every week for the first two months, and then once every two weeks for each month after. If used very regularly, you should apply oil even more often. The goal is to prevent your butcher block from drying out and keep it hydrated.

